

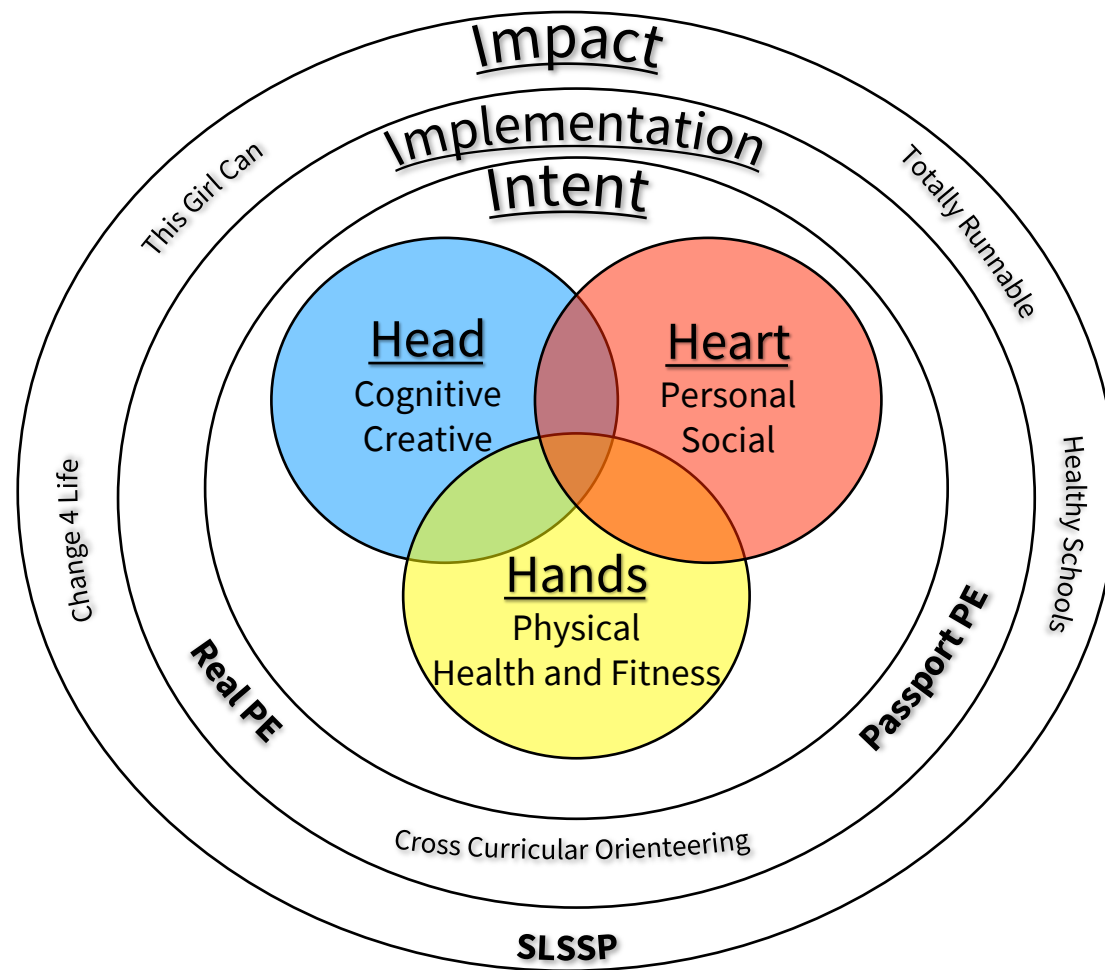
Curriculum Overview

Intent

We intend for the Physical Education [PE] Curriculum to be accessible and achievable for all. We focus on high quality teaching of physical literacy that inspires and motivates all pupils to challenge themselves both physically and mentally. This is learning with the head, hands and heart. These strands are embedded in the heart of our planning.

Our aim is to have a curriculum that enables children to master both the physical and theoretical knowledge of physical literacy which underpins a healthy and active lifestyle.

By the time children leave Year Six and progress onto Secondary School, we hope they have mastered basic physical competencies (agility, balance and coordination), have built confidence in their own abilities and have built the foundations to have a life long love of activity which will feed into the other aspects of their daily lives.



Implementation

We have adopted the Real PE and Passport PE schemes to implement high quality teaching which supports the development of motor competence alongside carefully identified and sequenced knowledge of activities, sports and healthy complete participation. Children will access these lessons two times a week.

Teachers carefully align the needs of pupils with ambitions of the curriculum to make effective pedagogical decisions. Careful planning of early movement and developing the knowledge of leading healthy, active lifestyles starts in the Early Years of Learning (EYFS). We understand that pupils are best able to learn and do more in PE when they have access to high quality instruction, practice and feedback.

Impact

Our curriculum is designed so that there is a clear progression of learning throughout the school which is assessed termly. Children are supported in their understanding through the introduction of specific vocabulary year on year which is mapped to each sport.

We provide opportunities to develop and broaden the foundation of learning that takes place in school through sports day, competitions and clubs.

Children are provided with a variety of competitions (intra and inter) and clubs throughout the year, to embed the key fundamental movements learnt which are rooted in agility, balance and coordination, as well as the skills of teamwork, respect, self-belief, determination, passion and honesty.

Competition is positioned to bring out the best in pupils and spur innovation.